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This letter is in response to Vincent Coniglio III's request to remove me, Shaelyn Marie Zimmerly, from this Order of Protection. I am requesting to stay on this Order of Protection. ~~Thought I was a ring wrecker~~ I was first included in the protection order, I not only asked to be included in it, but also encouraged my mother to request it to begin with. I chose to leave Vincent's house of my own will. My mother, ~~Kate Coniglio, never~~ ^{ABERLE, KATE CONIGLIO, NEVER} kidnapped me or forced me to stay anywhere against my will, which is why she took me to live with my father, Jeremy Zimmerly, at my request.

Though when I was very young I chose to refer to Vincent as "Dad" for some time, I only continued to do so because I knew that if I stopped there would likely be retaliation. I referred to him as "Vince" any time he was not present during my later years of living with him. I do not view him as any sort of father figure to me, and I wish to have no contact with him. He has single handedly caused me more misery than every other person I have met in my lifetime. He has caused me an indescribable amount of suffering and trauma, especially in my younger years, by verbally berating me, holding me responsible for his irrational feelings and reactions, manipulating me into thinking I was so horrible that I was a burden and more. I would be yelled at for hours at a time, sometimes multiple times a day. In middle school I was staying at the house to do chores instead of spending time with friends, regularly winning or placing in my events on the swim team, and getting all A's in school, but I was still lectured almost daily for doing nothing right. He often said things like "You are the most selfish/lazy person I have ever met," "You'll never get better," "I don't believe you love me and your mother if you treat us like this," "I don't think you're capable of love," "You're a pathological liar," "What's wrong with you? Are you just stupid?" and "You're just a fuck-up" to me, convincing me that I was broken and irreparable. He told my mother and I that I was a sick pathological liar to discredit me when I would question if how he was acting was okay. He also often used physically intimidating body language like backing me into corners while screaming over me or raising his hand at me as if he would hit me while shouting. For these reasons and many more, I have not in the past and still do not feel safe in any way around him.

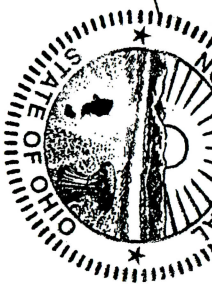
The pain and stress of living with him pushed me to practice self-harmful acts for almost as long as I can remember, from violently pulling my hair and scratching, biting, and beating myself in elementary school to even cutting myself when I was older. I have stopped all of these self-harmful acts since having no contact with him, which is especially notable considering how long I had practiced them. I even regularly contemplated suicide ages 9-14, both because of the constant self-loathing and pain I felt due to his abuse, and because he convinced me I was such a terrible person that I genuinely believed for years that he and others would be happier if I were gone. Thankfully the love and support from my real family and friends was enough to keep me alive. There were multiple reasons I did not move out of his house sooner, but the belief he planted in my head that I deserved the treatment I received and the fear for my mother's wellbeing if I left her alone with him were the main ones. My life has drastically improved since leaving his house and I am the happiest and healthiest I have ever been since meeting him.

Despite the inaccurate information the Defendant has provided to the court, one thing he is correct in saying is that I am now both mentally and legally capable of making decisions for myself. I decide, fully of my own will, to request I remain on this Order of Protection and that it may be extended, ideally for life, if at all possible. Thank you very much for your time.

Shaelyn M. Zimmerly

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20 years before the Township of Paris, Adams County, Ohio.



Richard L. Haun Jr.
Notary Public
State of Ohio
My Commission Expires 10/14/2024
Richard L. Haun Jr.